

Chance Favors the Prepared Community: (Practice) Preparing for Pandemic H1N1 this fall

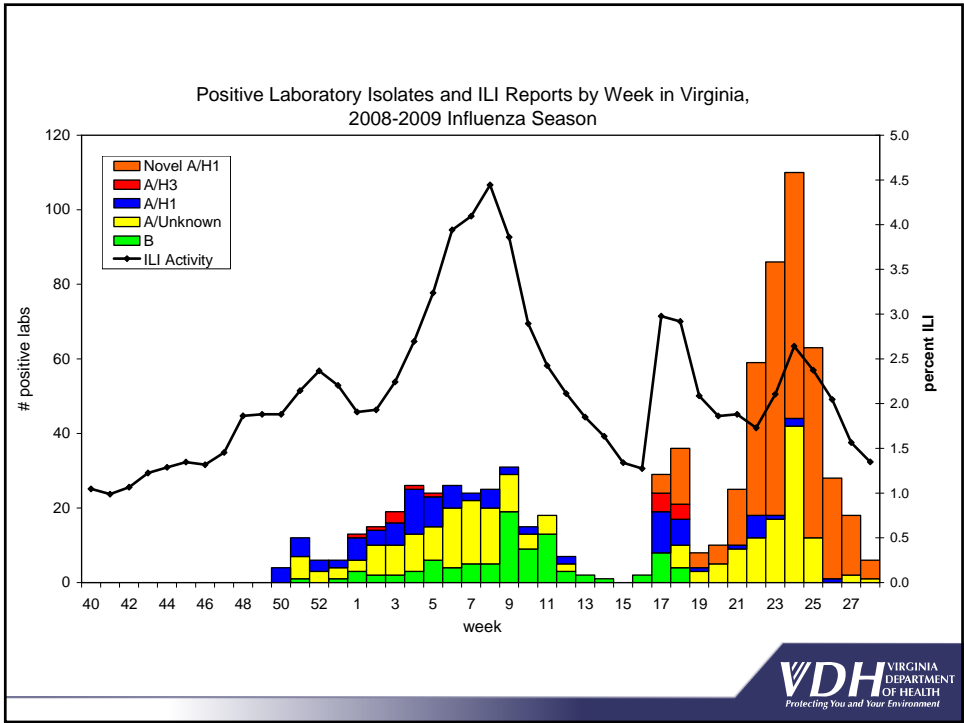
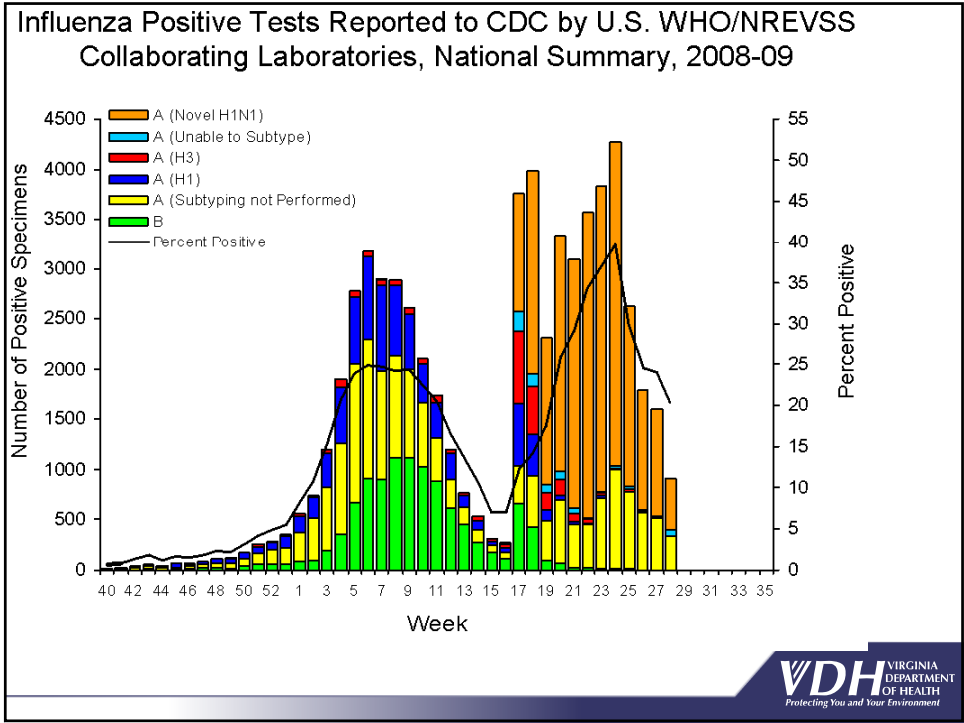
Mark J. Levine, MD MPH
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Virginia Department of Health
July 25, 2009



What You Need to Know

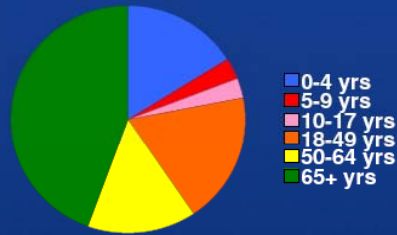
- It's Still Flu Season in VA
- Whether you, your family and your practice are prepared
- Pandemic H1N1 virus vaccination planning
- How to contact your local health department
- Available Resources





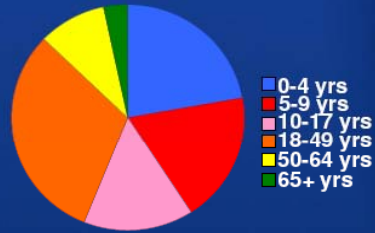
Teens and young adults disproportionately affected Few cases among elderly

Seasonal 2007-08



N=3,930

2009 H1N1 (April - Jun)



N=312

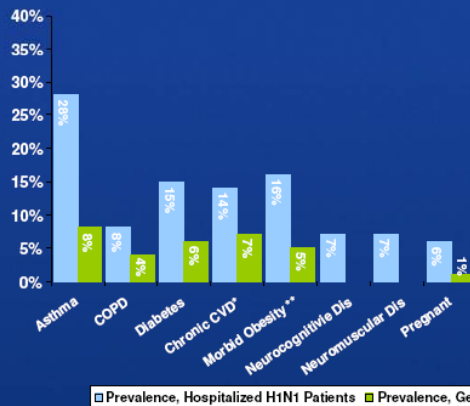
*April 12-June 30



Emerging Infections Program

2009 H1N1 Hospitalizations Underlying Conditions

April 1 – May 30st (n=268)



*Excludes hypertension

** Obesity is defined as BMI of 30 or higher (includes morbid obesity) and Morbid obesity is defined as BMI of 40 or higher. BMI calculation was performed on non-pregnant adults ≥ 20 years (n=119). 45% of 119 non-pregnant adults ≥ 20 years were missing heights and weight information. Prevalence for US non-pregnant adults ≥ 20 years is based on NHANES (JAMA. 2006;295(13):1577)



It's Not Over...

What You Can Do

- Personal/Family Preparedness
See www.flu.gov
- Practice Preparedness
See: <http://www.cdc.gov/h1n1flu/10steps.htm>
- Communicate with your local health department
See www.vdh.virginia.gov
- Is your emergency contact info current?
<https://www.vahealthprovider.com/edit/>
- Prepare for dual vaccination campaign
 - Vaccinate with H1N1 vaccine when available

Chance Favors the Prepared Mind

Louis Pasteur

Chance Favors the Prepared Community (Practice)

Mark Levine