

# Virginia Academy of Family Physicians

*2008 Annual Meeting & Exposition*

The Cavalier Resort Hotel  
&  
Beach Club  
Convention Center

Virginia Beach, Virginia

**July 24-27, 2008**

**REGISTER ON-LINE AT [WWW.VAFP.ORG](http://WWW.VAFP.ORG)**

# General Information

*Known as the Premiere CME Event of the Year, this year's VAFP Annual Meeting and Exposition offers you and your family an outstanding opportunity to enjoy a beautiful oceanfront hotel, the sandy beaches of Virginia Beach and earn over 18 AAFP Prescribed Credits in lecture and workshop formats.*

## **VIRGINIA BEACH, VIRGINIA**

Beach lovers, seafood lovers, young and old alike will find Virginia Beach a great place to visit. Plan to enjoy the sun soft breezes and experience the sand, surf and excitement. With over 28 miles of golden shoreline, you are sure to find your place in the sun. In addition to VAFP planned activities, Virginia Beach offers an array of outstanding golf courses, a variety of first class restaurants, deep sea fishing and numerous other activities and attractions.

## **THE CAVALIER RESORT HOTEL & BEACH CLUB CONVENTION CENTER**

The Cavalier is renowned for its historic architecture, sophisticated ambience, and impeccable Virginia Beach location at oceanfront and 42nd Street. Not to be overlooked, The Cavalier also affords its guests an exceptional range of services and leisure pursuits, including an oceanfront location, a full-featured gymnasium, bicycle rentals, two tennis courts and shuffleboard just to name a few.

Detailed highlights include an indoor and outdoor pool, a secluded beach, complimentary high speed internet, complimentary parking, children's playground and daily children's activities.

### **HOTEL RESERVATIONS**

To make hotel reservations, call 757-446-8199 or 1-800-446-8199 and ask for the Virginia Academy of Family Physicians' (VAFP) special room rate. Rooms are available in both the oceanfront hotel and the Historic Cavalier on the Hill.

Oceanview room	\$195.00 single/double occupancy
Oceanfront room	\$220.00 single/double occupancy
Cavalier on the Hill room	\$195.00 single/double occupancy

The room rates are per night and do not include applicable taxes. Children under the age of 18 staying in the same room as their parents are complimentary. The group rate is extended one (1) day prior to the meeting and one (1) day after the meeting based on space and availability. The hotel requires notice of any cancellations or changes in arrival or departure dates four (4) days in advance.

The cut off date for reserving hotel rooms is June 23, 2008. We highly recommend that reservations are secured as far in advance as possible. In the past, the room block has sold out prior to the cut off date. Check-in time is 4:00 p.m. and check-out time is 11:00 a.m.

## **The Cavalier Resort Hotel - 1-800-446-8199**

*If you have any questions or have difficulty making reservations, please call or e-mail the VAFP Headquarters Office 1-800-THE-VAFP, [registration@vafp.org](mailto:registration@vafp.org)*



# General Information

## Overview

Known as the Premiere CME Event of the Year, this year's VAFP Annual Meeting and Exposition offers you and your family an outstanding opportunity to enjoy beautiful Virginia Beach, Virginia and earn AAFP Prescribed Credit in lecture and workshop formats.

## Objectives

Those attending this program will receive current information on a diversity of medical subjects pertinent to patient care in daily practice. Subject material was chosen based on assessed needs, future trends, and relevance to quality patient care. At the conclusion of the program, registrants will have a working and applicable understanding of these topics and will be provided syllabus materials for future reference. This meeting allows the opportunity for physicians, faculty, residents, students and other health care professionals to interact academically, professionally and socially.

## Register Early

Mail or fax your registration form to the VAFP or register on-line at [www.vafp.org](http://www.vafp.org) by June 23, 2008 to take advantage of the "Early Bird Discount". Please read acknowledgement materials upon receipt. Pertinent details and directions will be provided.

## Dress Casually

The Virginia Academy of Family Physicians encourages everyone to dress casually during the meeting hours. It is important for everyone to be comfortable and relaxed.

## Exhibits

Over 80 exhibiting organizations will be available to discuss the latest in product and service developments. Booth visitation prizes will be awarded by the Academy to eligible registrants.

## American Disability Act

In compliance with ADA regulations, please call the Academy Headquarters Office if you have any special needs or physical limitations. A member of the VAFP staff will assist you in every way possible.



## CD Rom and Paper Syllabus

Many members have asked that the syllabus for VAFP CME meetings be provided in a CD Rom format. Providing the syllabus in both formats is extremely costly. The paper syllabus version is the most expensive. As noted on the registration form, each registrant will receive a CD Rom syllabus. A paper syllabus is available for an additional \$20.00 fee.

## Golf Tournament

INTERESTED IN GOLF? VAFP Member J. Travers Edwards, Jr., MD is hosting a golf tournament on Thursday, July 24, 2008 at the Honey Bee Golf Course in Virginia Beach. Tee off time is 1:30 pm and the cost is \$50. If you are interested in participating, please contact Dr. Edwards directly at [jtedwardsjr@cox.net](mailto:jtedwardsjr@cox.net) or call him at 757-930-2926 for additional information.

## Cancellation Policy

Refunds for CME registrants, minus a \$25.00 administration fee, will be made upon written request to the VAFP office if received by June 23, 2008. No refunds will be given after that date.



## Questions?

**Call or e-mail the VAFP**

**1-800-THE-VAFP**

**[registration@vafp.org](mailto:registration@vafp.org)**

**REGISTER ON-LINE AT [WWW.VAFP.ORG](http://WWW.VAFP.ORG)**

## CONTINUING MEDICAL EDUCATION CREDIT

The VAFP 2008 Annual Meeting & Exposition has been reviewed and is acceptable for 18.75 prescribed credits by the American Academy of Family Physicians. AAFP prescribed credit is accepted by AMA as equivalent to AMA PRA Category 1 for the AMA Physicians Recognition Award. When applying for AMA PRA, prescribed credits earned must be reported as prescribed credits, not as Category 1.

# Special Activities

## ANNUAL BUSINESS MEETING & INSTALLATION OF OFFICERS AND DIRECTORS

Saturday, July 26, 2008 – 8:45 a.m. – 9:30 a.m.

Incorporated as part of the Official Program, 2007–2008 VAFP President Sterling N. Ransone, Jr., MD will provide a report on the “State of the VAFP.” A comprehensive printed Annual Report will be distributed during the Annual Business Meeting. Dr. Ransone will also honor those VAFP members who have been selected for the VAFP’s three highest awards. AAFP Past President Larry Fields, MD will also address meeting attendees and will install the newly elected VAFP Officers and Directors. E. Mark Watts, MD will receive special recognition during his installation as the 2008–2009 Virginia Academy of Family Physicians President.

### PAIN MANAGEMENT SELF ASSESSMENT MODULE (SAM)

Saturday, July 26, 2008 – 1:30 p.m. – 5:45 p.m.

HyperLearning Technology – Virginia Beach, VA

\$150.00 – AAFP Member/\$250.00 – Non-Member (Max 20 participants)

*Pulling your hair out trying to complete the ABFM's new Maintenance of Certification requirements?  
Attend a VAFP Group Learning Session.*

This group learning session is an innovative program sponsored by the VAFP to help members complete the American Board of Family Medicine's (ABFM) Pain Management Self Assessment Module. The program targets Family Physicians who are up for recertification. The faculty team will present each of the 60 questions on the module and discuss the important teaching points for each, which will facilitate the participants answering of each item. The patient simulation module will also be completed. You will be asked to review the syllabus and questions before the session. Internet access will be provided to allow concurrent completion of the SAM. When the participants leave the session, they will have completed their ABFM requirement. This session will be held offsite at the HyperLearning Technology Center. The site is a 20 minute car ride from the hotel.

*Transportation is the responsibility of the registrant.*

### VAFP 60TH ANNIVERSARY CELEBRATION

Saturday, July 26, 2008 – 6:00 p.m.

You and your family won't want to miss the VAFP's 60th Anniversary Celebration Party. The evening's activities will be held outside (weather permitting) on the Cavalier Beach Club's deck overlooking the beautiful beach and Atlantic Ocean. Enjoy the Cavalier's exceptional “New York Strip Grill Out” that includes marinated New York Strip steaks grilled to order by the Cavalier's chefs. Also included is honey glazed grilled chicken breast, the Cavalier's salad and baked potato bars and a dessert table of the Cavalier's cakes and pies.

#### ENTERTAINMENT

The VAFP has lined up an extraordinary night of entertainment. In addition to steel drum music during dinner, sit back and enjoy the Hunt Family Fiddlers and The TFC Band.

**Hunt Family Fiddlers** – The Hunt Family Fiddlers are an award winning family of Irish step dancers, fiddlers and singers that marvel crowds everywhere! This family of nine performs Celtic, bluegrass, inspirational and popular tunes, offering a unique blend of diversity. Audiences love to



see the high-powered step dancing, fast fiddling, and the family attraction. Songwriters and performers Clint and Sandy, along with their seven children Jessica, Jennifer, Joshua, Jonathan, Jordan, Justin and Jamison, have released three albums and have won numerous awards in fiddle, Irish dance, and singing contests around the nation and the world.

**The TFC Band** – The TFC Band is a polished show band in the Las Vegas tradition that specializes in sounds from the Fifties, Sixties, Motown and more. Together for the last 17 years, the TFC Band blends the chemistry of its seven members for high energy performances incorporating intricate harmonies, choreographed dance routines, and instrumental versatility.



# Preliminary Program

## Thursday, July 24

12:00 noon - 6:00 p.m.  
Registration

### Early Bird CME

1:00 p.m. - 4:00 p.m.

SMART - Sideline Management Assessment  
Response Techniques

Michael J. Petrizzi, MD, Andy Carter, MS, ATC &  
Steven L. Cole, MEd, ATC, CSCS

## Friday, July 25

6:30 a.m. - 3:45 p.m.  
Registration

7:00 a.m. - 7:50 a.m.

Continental Breakfast with Exhibits

7:55 a.m. - 8:00 a.m.

Welcome - Sterling N. Ransone, Jr, MD  
& Mitchell B. Miller, MD

8:00 a.m. - 8:45 a.m.

Primary and Secondary Prevention of Coronary  
Artery Disease  
Deepak Talreja, MD

8:45 a.m. - 9:30 a.m.

The Virginia Department of Health- What the  
Primary Care Physician Needs to Know!  
Karen Remley, MD, MBA, FAAP

9:30 a.m. - 10:15 a.m.

Coffee Break with Exhibits

10:15 a.m. - 11:00 a.m.

Potpourri of Pediatric Urology  
Jyoti Upadhyay, MD

11:00 a.m. - 11:45 a.m.

Evaluation of Pediatric Abdominal Pain  
Anne Kuhn, MD

11:45 a.m. - 12:30 p.m.

Best Practices - The TO GOAL Program  
Kurtis S. Elward, MD, MPH

12:30 p.m. - 1:30 p.m.

Lunch in the Exhibit Hall

1:00 p.m. - 1:15 p.m.

Legislative Committee/PAC Discussion

### Workshops

1:45 p.m. - 2:45 p.m.

Dermatopathology for the Family Physician  
Kevagh P. Fair, DO

1:45 p.m. - 2:45 p.m.

Innovations in Family Medicine Practices in Virginia  
Debora Goetz Goldberg, PhD

## Friday, July 25 (continued)

*Workshops (continued)*

1:45 p.m. - 3:15 p.m.

Responding to Intimate Partner Violence in the  
Health Care Setting  
Laurie K. Crawford, MPA

1:45 p.m. - 3:45 p.m.

Splinting Techniques  
Michael J. Petrizzi, MD

1:45 p.m. - 3:15 p.m.

EKG

## Saturday, July 26

6:30 a.m. - 3:30 p.m.

Registration

7:00 a.m. - 8:00 a.m.

Breakfast in the Exhibit Hall

8:00 a.m. - 8:45 a.m.

Lumbar Spinal Pain: Which Patients Need Surgical  
Intervention  
J. Abbott Byrd, III, MD

8:45 a.m. - 9:30 a.m.

The State of Our Health - Annual Business Meeting  
& Installation of Officers and Directors

9:30 a.m. - 10:15 a.m.

Coffee Break in Exhibit Hall

10:15 a.m. - 11:15 a.m.

Management of Alzheimer's Disease in a Primary  
Care Setting  
David A. Smith, MD

11:15 a.m. - 11:30 a.m.

Survey Result Report - Practice Patterns in  
Screening for Osteoporosis in Men  
Mary Jo Chandler, PA

11:30 a.m. - 12:15 p.m.

Use of Cosmetic Lasers in Primary Care  
Donald J. Brideau, MD, MMM

12:15 p.m. - 1:15 p.m.

Lunch in the Exhibit Hall

### Workshops

1:30 p.m. - 3:00 p.m.

Use of Cosmetic Lasers in Primary Care - A Hands  
on Approach  
Donald J. Brideau, MD, MMM

1:30 p.m. - 3:00 p.m.

Best Practices - Part I: Idealized Micropractices  
(IMPs) Laura Jean Brand, MD & John Brady, MD

## Saturday, July 26 (continued)

*Workshops (continued)*

3:15 p.m. - 4:45 p.m.

Best Practices - Part II: How's the Peter Anderson  
model working for you? Craig Clark, MD

1:30 p.m. - 3:00 p.m.

Joint Injection Techniques  
Gary Siegel, MD

1:30 p.m. - 3:00 p.m.

The New Asthma Guidelines: Putting Them into  
Practice Kurtis S. Elward, MD, MPH

1:30 p.m. - 5:45 p.m.

SAMs - Pain Management

(This session will be held at The HyperLearning  
Technology Center. Please see page 4 for more  
information.)

6:00 p.m.

60th Anniversary Celebration

## Sunday, July 27

7:00 a.m. - 11:45 a.m.

Registration

7:15 a.m. - 8:15 a.m.

CME Breakfast: The Changing Landscape of Type  
II Diabetes John T. O'Brian, MD

8:15 a.m. - 8:30 a.m.

Break

8:30 a.m. - 9:15 a.m.

Post Traumatic Stress Disorder - An Update  
Robert J. Wilson, Lt Col, USAF, BSC, Psy.D,  
ABCHP

9:15 a.m. - 10:00 a.m.

Evaluation of Elevated Transaminase Levels

10:00 a.m. - 10:15 a.m.

Break

10:15 a.m. - 11:00 a.m.

Pertussis/Adult Immunizations  
David S. Gregory, MD, ABFP, FAAFP

11:00 a.m. - 11:45 a.m.

Morbid Obesity: Incidence, Risks and Treatment  
Options or Can an Operation Cure Type II  
Diabetes? Steve Wohlgemuth, MD

# Workshop Descriptions

## **Thursday**

**SMART - Sideline Management Assessment Response Techniques (\$40)**- This workshop will provide the physician with the skills to appropriately evaluate and manage injuries on the athletic field and sideline. This is a hands-on, interactive workshop; participants will be expected to participate in functional, physical activities, immobilization and evaluation techniques. Methods to teach the program will be provided so that participants will be able to bring this program back to their home communities and become an educational resource. The workshop is also ideal for both the sideline physician who wants a refresher and the Family Physician who wants a broad review of Sports Medicine with almost all hands-on skills development.

## **Friday**

**Dermatopathology for the Family Physician -** Skin diseases, both inflammatory and euplastic, are a routine component of daily practice. The importance of tissue biopsy and pathologic diagnosis is reviewed including examples of various pitfalls of importance to the Family Physician.

**Innovations in Family Medicine Practices in Virginia -** This past year, hundreds of Virginia Family Medicine offices participated in a statewide survey that addressed several important questions: (1) How prevalent are the innovations espoused for the "patient centered medical home" and "new model" for Family Medicine offices? and (2) How prevalent are business innovations? Please join the investigator, Dr. Debora Goetz Goldberg, in a presentation of the survey results and a discussion on the implications of the results for VAFP programs, and for ongoing research to promote the success of family medicine in Virginia.

### **Responding to Intimate Partner Violence in the Health Care Setting -**

Intimate partner violence (IPV) is a critical public health issue. One in three women reports being abused by a partner at some point in her life. In addition to injuries caused by violent incidents, IPV contributes to: chronic pains, gastrointestinal problems, substance abuse, pregnancy complications, depression and anxiety; and the Centers for Disease Control & Prevention estimates that IPV costs the U.S. over \$6 billion in medical costs annually. Despite the health consequences of IPV, according to a recent survey, nearly 90% of Virginia's health care providers have never been trained in IPV. This workshop will guide physicians in most effectively identifying, assessing, managing, and referring patients affected by IPV.

## **Friday (continued)**

**Splinting Techniques -** This course is designed to provide participants with "hands-on" practice with the application of splints, and to review both diagnostic and therapeutic maneuvers regarding soft tissue injuries and fractures. These injuries are commonly encountered by the family physician in his/her office, ER, or at the field side. A review of the basic anatomy, underlying pathological or biomechanical alterations, and diagnostic maneuvers, tests, or studies for each injury will be accomplished. The basic concepts of splinting will be reviewed. The participants will then work with each other in pairs with faculty supervision to practice the diagnostic maneuvers and applying splints.

**EKG -** Review and discuss common presentations in the primary care setting.

## **Saturday**

### **Use of Cosmetic Lasers in Primary Care -**

In the current economic environment, family physicians may incorporate their knowledge of dermatological conditions and their procedural training to expand clinical services available to physicians in the expanding cosmetic industry. FP's see many clinical situations of common conditions that are amenable to laser interventions. Additionally, by offering these services, family physicians may be able to provide a higher level of service than other non-MD providers delivering similar services and be reimbursed without the hassles of insurance plans.

**Best Practices - Part I: Ideal Medical Practices -** In February 2002, Gordon Moore, MD, wrote his landmark article in Family Practice Management regarding an ultra low overhead practice model (One Doc/One Room). The interest generated from this article spawned a movement which has evolved into the Ideal Medical Practices (IMP) project represented by hundreds of practices nationwide including several in Virginia. Two family physicians will speak from their own experience about why they chose this model and how it has worked out for them. The discussion will include an overview of the theory of how an IMP can provide superior patient quality and physician satisfaction as well as practical information about how interested docs can "make the leap" to their own IMP practice. IMPs are defining practice redesign. Come learn why.

## **Saturday (continued)**

**Best Practices - Part II: How's the Peter Anderson model working for you? -** Frustrated with his method of practice, Dr. Peter Anderson changed the way he practiced medicine and now he works fewer hours, with improved income and quality measures. Dr. Anderson presented his model a few years ago at the Summer VAFP meeting and now others across the state are implementing his model. In this model, nurses guided by templates, obtain and record the medical history before the physician enters the room, present the patient to the physician, who does the exam, makes an assessment and plan, and leaves the room. The same nurse then records the findings, assessment, and plan, and ensures that the patient understands the plan. This session will report on the continued evolution of this model as well as quality data comparing Dr. Anderson's practice with peers and will also include a discussion of the experience of other practices that have adopted this innovation. Users of the model and those who would like to learn more are encouraged to attend.

**Joint Injection Techniques -** This is a long standing workshop with introductory material on joint fluid analysis followed by a very interactive demonstration of joint injection techniques. Joints discussed include the shoulder and knee. Soft tissue injections for bursitis and epicondylitis are also demonstrated.

**The New Asthma Guidelines -** This session will provide an overall discussion of the National Asthma Education and Prevention Program (NAEPP) guideline updates and specifically the new recommendations. Participants will learn some proven practical approaches to guideline implementation and the resources currently available to them. Participants will also be made aware of the tools being developed by the NAEPP Guideline Implementation Panel for translating the guidelines into practice. Dr. Elward has developed "Asthma Days" in his practice to help manage the treatment of his asthmatic patients and he will share his tips and practice resources for successful patient compliance.

# Registration Form

**Mail or fax this form with your check or credit card information to:**

VAFP Annual Meeting, 1503 Santa Rosa Road, Suite 207, Richmond, VA 23229, PHONE: (804) 968-5200 FAX: (804) 968-4418

**You may also register on-line at [www.vafp.org](http://www.vafp.org).**

## REGISTRANT INFORMATION

Name: \_\_\_\_\_

MD  DO  PA  NP  RN Other: \_\_\_\_\_

Practice Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

E-mail: \_\_\_\_\_

*(Registration confirmations will be sent via email)*

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

## REGISTRATION FEES

	<i>By June 23</i>	<i>After June 23</i>	
AAFP Member	\$285.00	\$350.00	\$ _____
Non-Member	\$425.00	\$500.00	\$ _____
Member Single Day	\$ 95.00	\$120.00	\$ _____
Non-Member Single Day	\$150.00	\$180.00	\$ _____
RNs and PAs	\$250.00	\$290.00	\$ _____
Residents	\$ 45.00	\$ 60.00	\$ _____
Medical Students	\$ 40.00	\$ 55.00	\$ _____
Life Members	\$ 80.00	\$100.00	\$ _____

*A CD Rom syllabus is included with your meeting registration.*

A Paper Syllabus is available for purchase - \$20.00 \$ \_\_\_\_\_

## MEAL FUNCTIONS & SOCIALS

### **FRIDAY, JULY 25**

Continental Breakfast in the Exhibit Hall

I will attend  Yes  No (Registrant is free)  
 # of additional tickets \_\_\_\_\_ x \$10 per guest = \$ \_\_\_\_\_

Lunch in Exhibit Hall

I will attend  Yes  No (Registrant is free)  
 # of additional tickets \_\_\_\_\_ x \$15 per guest = \$ \_\_\_\_\_

### **SATURDAY, JULY 26**

Continental Breakfast in the Exhibit Hall

I will attend  Yes  No (Registrant is free)  
 # of additional tickets \_\_\_\_\_ x \$10 per guest = \$ \_\_\_\_\_

Lunch in Exhibit Hall

I will attend  Yes  No (Registrant is free)  
 # of additional tickets \_\_\_\_\_ x \$15 per guest = \$ \_\_\_\_\_

60th Anniversary Celebration

Adult (age 13 and up) # attending \_\_\_\_\_ x \$25 = \$ \_\_\_\_\_  
 Child (age 4 -12) # attending \_\_\_\_\_ x \$15 = \$ \_\_\_\_\_  
 Child (age 3 & under) # attending \_\_\_\_\_ x \$0 = \$ \_\_\_\_\_

### **SUNDAY, JULY 27**

CME Breakfast

I will attend  Yes  No (Registrant is free)  
 # of additional tickets \_\_\_\_\_ x \$15 per guest = \$ \_\_\_\_\_

Subtotal Column 1 \$ \_\_\_\_\_

## WORKSHOPS

### **THURSDAY, JULY 24**

SMART - Sideline Management Assessment Response Techniques (\$40) \$ \_\_\_\_\_

### **FRIDAY, JULY 25**

- Dermatopathology for the Family Physician (\$0)
- Innovations in Family Medicine Practices in Virginia (\$0)
- Responding to Intimate Partner Violence (\$0)
- Splinting Techniques (\$0)
- EKG (\$0)

### **SATURDAY, JULY 26**

- Use of Cosmetic Lasers in Primary Care (\$0)
- Best Practices - Part I: Idealized Micropractices (IMPs) (\$0)
- Best Practices - Part II: How's the Peter Anderson model working for you? (\$0)
- Joint Injection Techniques (\$0)
- An Update on the New Asthma Guidelines (\$0)
- Pain Management SAM Session \$ \_\_\_\_\_  
 \$150.00 - AAFP Member/\$250.00 - Non-Member  
*(Will be held offsite - please see page 4 for details. Maximum of 20 participants)*

Subtotal Workshops \$ \_\_\_\_\_  
 Subtotal Column 1 \$ \_\_\_\_\_  
 Total \$ \_\_\_\_\_

## PAYMENT INFORMATION

Please charge my:

MasterCard  VISA  American Express

Card#: \_\_\_\_\_

Exp. Date: \_\_\_\_\_ Security Code: \_\_\_\_\_

Name on Card: \_\_\_\_\_

Signature: \_\_\_\_\_

Billing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Check enclosed: Make payable to the VAFP

**Mail or fax this form to:**

VAFP Annual Meeting, 1503 Santa Rosa Road, Suite 207  
 Richmond, VA 23229

PHONE: (804) 968-5200 FAX: (804) 968-4418

**REGISTER ON-LINE AT  
[WWW.VAFP.ORG](http://WWW.VAFP.ORG)**

# Faculty

## 2008 VAFP Annual Meeting & Exposition - July 24-27, 2008 Virginia Beach, Virginia

**John Brady, MD**  
The Village Doctor  
Newport News, VA

**Laura Jean Brand, MD**  
Carilion Family Medicine  
Associated Physicians  
Waynesboro, VA

**Donald J. Brideau, Jr., MD, MMM**  
Family Physician  
Springfield Family Medicine  
Alexandria, VA  
Assistant Clinical Professor  
Georgetown School of Medicine  
Washington, DC  
Assistant Clinical Professor  
George Washington School of Medicine  
Washington, DC

**J. Abbott Byrd, III, MD**  
Medical Director  
Virginia Spine and Scoliosis Center  
Atlantic Orthopaedic Specialists  
Virginia Beach, VA

**Andy Carter, MS, ATC**  
Associate Athletic Trainer  
College of William and Mary  
Williamsburg, VA

**Mary Jo Chandler, PA**  
Norfolk, VA

**Craig Clark, MD**  
Family Physician  
Fairfax Family Practice Residency  
Fairfax, VA  
Associate Clinical Professor  
Department of Family Medicine  
VCU School of Medicine  
Richmond, VA

**Steven L. Cole, MEd, ATC, CSCS**  
Assistant Athletic Director for Health Services  
College of William and Mary  
Williamsburg, VA

**Laurie K. Crawford, MPA**  
Medical Outreach Coordinator  
Division of Injury and Violence Prevention  
Virginia Department of Health  
Richmond, VA

**Kurtis S. Elward, MD, MPH**  
Family Medicine of Albemarle  
Charlottesville, VA  
Assistant Professor of Family Medicine  
University of Virginia School of Medicine  
Charlottesville, VA

**Kevaghn P. Fair, DO**  
Dominion Pathology Laboratories  
Norfolk, VA

**David S. Gregory, MD, ABFP, FAAFP**  
Assistant Clinical Professor  
Department of Family Medicine  
University of Virginia  
Charlottesville, VA  
Assistant Clinical Professor  
Department of Family Medicine  
Virginia Commonwealth University  
Richmond, VA  
Director of Pediatric Education  
Lynchburg Family Medicine Residency  
Lynchburg, VA

**Anne Kuhn, MD**  
Pediatric Surgeon  
Children's Hospital of the King's Daughters  
Norfolk, VA

**John T. O'Brien, MD, FACP, FACE**  
Professor of Medicine  
Director of Clinical Operations  
Eastern Virginia Medical School  
Strelitz Diabetes Center  
Norfolk, VA

**Michael J. Petrizzi, MD**  
Hanover Family Physicians  
Hanover, VA  
Clinical Professor  
Department of Family Medicine  
Virginia Commonwealth University School of Medicine  
Richmond, VA

**Karen Remley, MD, MBA, FAAP**  
Commissioner  
Virginia Department of Health  
Richmond, VA

**Gary Siegel, MD**  
Assistant Clinical Professor of Medicine  
Eastern Virginia Medical School  
Norfolk, VA Rheumatologist  
Arthritis Consultants of Tidewater  
Virginia Beach, VA

**David A. Smith, MD, FAAFP, CMD**  
Professor of Family Medicine  
Texas A&M  
Lubbock, TX

**Deepak Talreja, MD**  
Interventional Cardiologist  
Sentara Health Care  
Norfolk, VA

**Jyoti Upadhyay, MD**  
Pediatric Urologist  
Children's Hospital of the King's Daughters  
Norfolk, VA

**Robert J. Wilson, Lt Col, USAF, BSC, Psy.D., ABCHP**  
Deputy Director  
Deployment Health Clinical Center  
Walter Reed Army Medical Center  
Washington, DC

**Steve Wohlgenuth, MD, FACS**  
Medical Director  
Sentara Norfolk General Hospital  
Bariatrics Center of Excellence  
Norfolk Surgical Group  
Assistant Professor of Clinical Surgery  
Eastern Virginia Medical School  
Norfolk, VA



Virginia Academy of Family Physicians  
1503 Santa Rosa Road, Suite 207  
Richmond, Virginia 23229

*Address Service Requested*

PRESORT  
FIRST CLASS  
US POSTAGE  
PAID  
Richmond, VA  
Permit No. 1225